## Cicco. Body Care

Honoring Your Microbiome and Mother Nature



## Caring for Natural Soap

Handmade soap contains glycerin; a natural plant-based byproduct of soapmaking. Sadly, it is often removed from commercially manufactured soaps, sold and added to moisturizing and cosmetic products. Glycerin attracts water, promoting skin hydration when applied topically. It helps to lock in skin's natural moisture which prevents dry conditions. In the case of natural soap, this attraction of water will soften your bar and leave it prone to breaking down quickly. Simply put, your soap needs a place to re-harden inbetween uses. Thankfully, prolonging the lifespan of your bar is easy!

- Storage of unused Soap should be in a cool, dry place out of direct sunlight (a linen closet is a great spot).
- Do not allow Soap to sit in a dish or container that allows water to pool... use a dish that allows water to drain properly. Slatted wood or bamboo dishes are great for wicking water away from the bar and are wonderful eco-friendly options.
- (Leco.) In-between uses, store your Soap up high and avoid moist or steamy areas.

"Your Body Is Your Temple. Keep It Pure And Clean For The Soul To Reside In" - B. K. S. IYENGAR