




# Cicco. Body Care

*Honoring Your Microbiome  
and Mother Nature*



## Natural vs. Conventional Bath Bombs

Choosing conventional bath bombs, you choose harsh and potentially toxic ingredients that serve no purpose to your health such as detergents, artificial dyes, synthetic fragrance, sodium lauryl sulfate (SLS), and so on. UTIs and yeast infections (due to the disruption of your pH), have been associated with bath bombs containing these such ingredients, not to mention contact dermatitis and rashes. All of these ingredients are known skin irritants and may actually dry out your skin! Bath Bombs containing naturally occurring salts and clays with nourishing butters and oils and plant powders will actually help to lock moisture into skin, leaving it luminous and hydrated!

-  Storage of unused Bath Bombs should be out of direct sunlight and away from steamy or moist areas (a linen closet is a great spot).
-  Do not allow Bath Bombs to come into contact with water until you are ready to use them! They will begin fizzing immediately and there is no turning back.
-  Each Cicco. Bath Bomb is intended for one-time use. Fill your tub and allow the entire Bath Bomb to disuse throughout the water. Grab your favorite book, jump in and enjoy your you-time!

“Your Body Is Your Temple.  
Keep It Pure And Clean For The Soul To Reside In”  
- B. K. S. IYENGAR